

Conscious Discipline Training – Teaching Loving Discipline

With Peggy Simonis & Kay Zastrow



Schedule	Dates: August 11 & 12, 2010 - Follow-up Date: December 17, 2010 Location: CESA 7 Three Day Workshop Workshop Check in Begins: 8:00 a.m. Workshop: 8:30 a.m. – 3:30p.m.	
Audience	4K Teachers and Program Leaders, 4K Special Ed teachers, and 4K ELL Teachers	
Presenter	Peggy and Kay are Certified Conscious Discipline® Instructors and excellent seminar leaders. Peggy has over 20 years experience working as an Early Childhood Special Education teacher. Kay is a National Board Certified Teacher with over 35 years of teaching experience, and is Wisconsin's 2009-2010 DPI Teacher of the Year for Special Services. Peggy and Kay are partners in <i>Teaching Loving Discipline, L.L.P.</i>	
Description	<p>Conscious Discipline® is a comprehensive classroom management program and a social-emotional curriculum. It is based on solid brain and child development research, and developmentally appropriate practices. Conscious Discipline® has been specifically designed to help adults to make changes first in their own lives and then in turn foster change in the lives of children.</p> <p>Research conducted in schools and centers across the nation where Conscious Discipline® has been implemented shows a reduction in aggression and impulsivity/hyperactivity and an increase in teaching time and student performance on academic measurements, all while creating a positive school climate.</p> <p>Day one of this workshop will provide a <i>Brain Smart Start</i> and an introduction to the first three Principles of Conscious Discipline®: Composure, Encouragement and Assertiveness.</p> <p>Day two will continue with the next four principles of Conscious Discipline®: Choices, Positive Intent, Empathy, and Consequences. These skills provide adults and children with the ability to constructively respond to conflict and challenges in any environment.</p> <p>Day three will offer opportunities to discuss implementation, celebrate successes and address challenging situations while delving deeper into the application of the Seven Principles in our lives and the lives of children.</p> <p>Participants will receive a copy of <i>Conscious Discipline; 7 Basic Skills for Brain Smart Classroom Management</i> by Becky Bailey.</p>	
Standards	WTS: 2, 3, 4, 5, 6, and 10	
Registration	<p><i>Registration includes: handouts and book (as mentioned above). Lunch is on your own.</i></p> <p><u>Member:</u> \$187 per participant</p> <p><u>Nonmember:</u> \$597 per participant</p> <p>Fees are based on 2010-11 district/school membership. Please contact your business office to verify your district's membership.</p>	<p>Please visit www.cesa7.k12.wi.us and click the “register” icon.</p> <p>Contact Chris Larson with the CESA 7 Early Learning Center department for further information at clarson@cesa7.k12.wi.us</p>